



# Gilbert Inglefield Academy

Believe, Achieve, Succeed

7th May 2025

Dear Parents and Carers

As part of our ongoing efforts to keep our students safe, we want to remind all families of the importance of cycle safety, especially during the journey to and from school.

Cycling is a healthy, eco-friendly way for children to travel, but it's vital that they do so safely. We ask for your support in ensuring that your child wears a properly fitted helmet every time they ride their bike. Helmets significantly reduce the risk of serious head injury in the event of a fall or collision.

Here are a few additional safety tips to discuss with your child:

- Always wear a helmet that meets safety standards.
- Use lights and reflectors if riding in low light or bad weather.
- Stick to bike paths and designated cycling routes where possible.
- Obey all traffic rules and signals.
- Avoid distractions such as phones or headphones while riding.

We appreciate your help in reinforcing these important habits at home. Working together, we can help all our students enjoy a safer journey to and from school.

Thank you for your continued support.

Warm regards,

Catrin O'Callaghan

Head Teacher



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