

# WEEK 1

w/c: 24/02, 17/03, 07/04, 28/04, 19/05, 09/06, 30/06, 21/07

# Menu

**Stir:**  
let's eat, together

MONDAY



INDIAN & SOUTH ASIAN FLAVOURS

TUESDAY



PIZZA + PASTA KITCHEN

WEDNESDAY



KING OF ROASTS

THURSDAY



STREET FOOD

FRIDAY



**Brazilian Coconut Chicken Curry**  
Served with Wholegrain Rice and Sweetcorn

**Margherita Pizza**  
Served with Baked Potato Wedges and Coleslaw or Peas

**Roast Gammon**  
Served with Crispy Roasties, Broccoli and Gravy

**Mexican Chicken Meatballs**  
Served with Wholegrain Pasta & Mixed Green Vegetables

**Fish Fillet**  
Served with Chunky Chips and Baked Beans

**Chana Masala**  
Served with Wholegrain Rice and Sweetcorn

**Vegetable Supreme Pizza**  
Served with Garlic and Herb Potato Wedges and Coleslaw or Peas

**Spring Vegetable Tart**  
Served with Crispy Roasties, Broccoli and Gravy

**Chow Mein Noodles**  
Served with Coconut Green Beans

**Curried Chickpea Fritters**  
Served with Chunky Chips and Baked Beans

**Jacket Potato**  
With Cheese, Baked Beans, or Tuna Mayo

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With Cheese, Baked Beans, or Tuna Mayo

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With Cheese, Baked Beans, or Tuna Mayo

**Chef's Special**

**Chef's Special**

**Chef's Special**

**Chef's Special**

**Chef's Special**

**Grab 'n' Go Pizza  
Chicken Wings  
Paninis**

**PENNE PASTA with HOMEMADE  
TOMATO SAUCE**

**PENNE PASTA with (Nut Free)  
Spinach and Basil HOMEMADE  
PESTO**

**PENNE PASTA with HOMEMADE  
TOMATO SAUCE**

**PENNE PASTA with (Nut Free)  
Spinach and Basil HOMEMADE  
PESTO**

**PENNE PASTA with  
HOMEMADE TOMATO SAUCE**

**CHOCOLATE CAKE  
& CUSTARD**

**JELLY AND FRUIT SLICES**

**APPLE CRUMBLE  
CAKE**

**FRUIT SALAD**

**LEMON SHORTBREAD  
BISCUITS**

# WEEK 2

w/c: 03/03, 24/03, 14/04, 05/05, 26/05, 16/06, 07/07

# Menu

**Stir:**  
let's eat, together

MONDAY

**GRILL & BUN**

SERIOUS ABOUT GRILLING

TUESDAY

**JIMBU**

INDIAN & SOUTH ASIAN FLAVOURS

WEDNESDAY

**ROTISSE**  
KING OF ROASTS

THURSDAY

**italio**

PIZZA + PASTA KITCHEN

FRIDAY

**FINS & CO**

<b>Beef Burger in a Bun</b> Served with Wholegrain Pasta Salad and Green Leaves	<b>Chicken Tikka Masala</b> Served with Wholegrain Rice and Broccoli	<b>Roast Chicken</b> Served with Crispy Roasties, Carrots, Sweetcorn and Gravy	<b>Margherita Pizza</b> Served with Baked Potato Wedges and Coleslaw or Peas	<b>Golden Fish Fingers</b> Served with Chunky Chips and Peas
<b>Homemade Vegetarian Burger</b> Served with Wholegrain Pasta Salad and Green Leaves	<b>Chickpea Samosa</b> Served with Wholegrain Rice and Broccoli	<b>Spinach and Cheese Swirl</b> Served with Crispy Roasties, Carrots, Sweetcorn and Gravy	<b>Roast Vegetable and Tomato Pasta Bake</b> Served with Mixed Salad	<b>Vegetable and Bean Chilli</b> Served with Chunky Chips and Peas
<b>Jacket Potato</b> With Cheese, Baked Beans, or Tuna Mayo	<b>Jacket Potato</b> With Cheese, Baked Beans, or Tuna Mayo	<b>Jacket Potato</b> With Cheese, Baked Beans, or Tuna Mayo	<b>Jacket Potato</b> With Cheese, Baked Beans, or Tuna Mayo	<b>Jacket Potato</b> With Cheese, Baked Beans, or Tuna Mayo
<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>
<b>Grab 'n' Go Pizza</b> <b>Chicken Wings</b> <b>Paninis</b>	<b>Grab 'n' Go Pizza</b> <b>Chicken Wings</b> <b>Paninis</b>	<b>Grab 'n' Go Pizza</b> <b>Chicken Wings</b> <b>Paninis</b>	<b>Grab 'n' Go Pizza</b> <b>Chicken Wings</b> <b>Paninis</b>	<b>Grab 'n' Go Pizza</b> <b>Chicken Wings</b> <b>Paninis</b>
<b>PENNE PASTA with HOMEMADE TOMATO SAUCE</b>	<b>PENNE PASTA with (Nut Free) Spinach and Basil HOMEMADE PESTO</b>	<b>PENNE PASTA with HOMEMADE TOMATO SAUCE</b>	<b>PENNE PASTA with (Nut Free) Spinach and Basil HOMEMADE PESTO</b>	<b>PENNE PASTA with HOMEMADE TOMATO SAUCE</b>
<b>CHOCOLATE BEETROOT BROWNIE</b>	<b>VANILLA ICE CREAM POT</b>	<b>FRUIT BOWLS</b>	<b>BLUEBERRY AND ORANGE TRAYBAKE</b>	<b>CHOCOLATE &amp; BEETROOT BROWNIE</b>

# WEEK 3

w/c: 10/03, 31/03, 21/04, 12/05, 02/06, 23/06, 14/07

# Menu

**Stir:**  
let's eat, together

MONDAY



TUESDAY

**GRILL & BUN**

SERIOUS ABOUT GRILLING

WEDNESDAY



THURSDAY

**EAT EAST**

STREET FOOD

FRIDAY

**FINS & CO**

**Sweet and Sour Chicken**

Served with Wholegrain Rice and Green Beans

**Sausage and Mash**

Served with Green Beans and Gravy

**Roast Turkey**

Served with Crispy Roasties, Carrots and Sweetcorn

**Curried Spring Vegetable Pilaf**

Served with Raita and Broccoli

**Fish Fillets**

Served with Chunky Chips and Baked Beans

**Cheese and Tomato Quiche**

Served with a Side Salad

**Homemade Cheese and Onion Rolls**

Served with Wedges and Baked Beans

**Baked Courgette and Bean Gratin**

Served with Crispy Roasties, Carrots and Sweetcorn

**Mac n Cheese with a Crispy Crumb Topping**

Served with Broccoli

**Curried Vegetable Fingers**

Served with Chunky Chips and Baked Beans

**Jacket Potato**

With Cheese, Baked Beans, or Tuna Mayo

**Jacket Potato**

With Cheese, Baked Beans, or Tuna Mayo

**Jacket Potato**

With Cheese, Baked Beans, or Tuna Mayo

**Jacket Potato**

With Cheese, Baked Beans, or Tuna Mayo

**Jacket Potato**

With Cheese, Baked Beans, or Tuna Mayo

**Chef's Special**

**Chef's Special**

**Chef's Special**

**Chef's Special**

**Chef's Special**

**Grab 'n' Go Pizza  
Chicken Wings  
Paninis**

**PENNE PASTA with HOMEMADE  
TOMATO SAUCE**

**PENNE PASTA with (Nut Free)  
Spinach and Basil HOMEMADE  
PESTO**

**PENNE PASTA with HOMEMADE  
TOMATO SAUCE**

**PENNE PASTA with (Nut Free)  
Spinach and Basil HOMEMADE  
PESTO**

**PENNE PASTA with  
HOMEMADE TOMATO SAUCE**

**STICKY TOFFEE  
BANANA CAKE**

**FRUIT BOWLS**

**LEMON JACKS**

**LEMON AND PEACH CAKE**

**CHOCOLATE COOKIE**